Objectives: Upon completion of this review activity, you should be able to do the following:

1. Describe factors related to condom embarrassment.
2. Describe the utility of the health belief model in predicting fat and cholesterol intake.
3. Describe the impact of a community-based intervention model on health status indicators and psychosocial indices for at-risk women and infants.
4. Describe the knowledge, beliefs, and behaviors of young women related to the prevention of osteoporosis.

After completing the required readings, type the appropriate response for all questions related to each article. All answer sheets must be clearly numbered and TYPED. For questions requiring listings, each item in the listing should be no longer than a phrase or a sentence. For those questions requiring a description, the description should be 2-4 sentences. Specific directions will be provided for other types of questions. Please remember to include your name, address and CHES # at the top of each page of your answer sheet.

I. YOUNG WOMEN AND OSTEOPOROSIS: AWARE BUT UNCONCERNED (p63).
   1. Based on the findings of this study, describe the correlation between knowledge and dairy intake.
   2. Describe the authors' recommendation regarding advice to clients concerned about osteoporosis in comparison to advice for unconcerned clients.

II. CONDOM EMBARRASSMENT: CONTRIBUTING FACTORS (p80).
    1. Describe "condom embarrassment" as defined in the article by mail-Smith, Durham, and Howard.
    2. Based on the findings of this study, list the factors related to condom embarrassment.

III. REDUCING THE IMPACT OF SUBSTANCE ABUSE ON AT-RISK WOMEN AND INFANTS (p90).
    1. Describe the two versions of the computer-assisted instruction used in this study.
    2. Describe the correlations found in the study between knowledge and perceived susceptibility, and knowledge and behavioral intentions.

IV. AN APPLICATION OF THE HEALTH BELIEF MODEL TO REDUCTIONS OF FAT AND CHOLESTEROL INTAKE (p99).
    1. List the four components of the health belief model presented by the authors.
    2. Based on past research presented in this article, describe one of the general conclusions regarding the utility of the health belief model.
    3. Based on the results of this study, describe the factor that appeared to have the greatest effect on dietary change.
**JOURNAL OF WELLNESS PERSPECTIVES REVIEW ACTIVITY REGISTRATION FORM**

Name _____________________________ CHES # __________________

Address ____________________________________________________
____________________________________________________________
____________________________________________________________

Daytime Telephone # _________________________________________

Setting in which you practice Health Education (Circle one)

♦ School
♦ College/University
♦ Community
♦ Worksite
♦ Medical Care

Position Title ___________________________ Years in Profession _______

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**Review Activity Evaluation (Circle the appropriate response)**

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<tr>
<th></th>
<th>STRONGLY DISAGREE</th>
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<tbody>
<tr>
<td>1. Activities address objectives</td>
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<td>2. Contact hours equivalent to actual work hours</td>
<td>1 2 3 4 5</td>
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<td>3. Content relevant to professional practice</td>
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<tr>
<td>4. The activities contributed to my professional growth</td>
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Comments: ____________________________________________________
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**Note:** A separate form must be submitted with each Review Activity.