

**AMERICAN JOURNAL OF HEALTH STUDIES**  
**REVIEW ACTIVITY**

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**Objectives: Upon completion of this review activity, you should be able to do the following:**

- ❶ Describe how behavior staging can be used to evaluate the economic effect of worksite health promotion.
- ❷ Describe issues related to HIV testing among college students enrolled at a nontraditional campus.
- ❸ Identify factors linked to participation in prostate cancer screening.

After completing the required readings, type the appropriate response for all questions related to each article. All answer sheets must be clearly numbered and TYPED. For questions requiring listings, each item in the listings should be no longer than a phrase or a sentence. For those questions requiring a description, the description should be 2-4 sentences. Specific directions will be provided for other types of questions. Please remember to include your **name, address** and **CHES #** at the top of each page of your answer sheet.

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**I. Using Behavior Staging to Evaluate the Economic Effect of Worksite Health Promotion (p. 72).**

1. List five ways that worksite health promotion programs can limit the costs of healthcare.
  2. Briefly describe the six stages of the Transtheoretical Model presented by the author.
  3. List the five steps for moving participants through staging and modifiable risk management.
  4. Describe two methods for staging participants.
  5. Describe the difference between cost-benefit analysis and cost-effectiveness.
  6. List seven steps presented by the authors for determining a cost-benefit ratio.
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**II. HIV Testing Practices and Attitudes of College Students (p. 84).**

1. Describe two situational factors that contribute to the high HIV infection rate among college students.
  2. Based on the results of this study, list the two top reasons why students do not get tested for HIV.
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**III. The Association between Family History and Participation in Free Prostate Cancer Screening (p. 95).**

1. Briefly describe the four educational programs used in this study.
2. Based on the results of this study, list five predictors for participation in prostate cancer screening.

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**REVIEW ACTIVITY REGISTRATION FORM**

Name \_\_\_\_\_ CHES # \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Daytime Telephone # \_\_\_\_\_

Setting in which you practice Health Education (Circle one)

- ✦ School
- ✦ College/University
- ✦ Community
- ✦ Worksite
- ✦ Medical Care

Position Title \_\_\_\_\_ Years in Profession \_\_\_\_\_

**Review Activity Evaluation**

*(Circle the appropriate response)*

	STRONGLY DISAGREE				STRONGLY AGREE
1. Activities address objectives	1	2	3	4	5
2. Contact hours equivalent to actual work hours	1	2	3	4	5
3. Content relevant to professional practice	1	2	3	4	5
4. The activities contributed to my professional growth	1	2	3	4	5

Comments: \_\_\_\_\_

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**Note: A separate form must be submitted with each Review Activity.**