

**AMERICAN JOURNAL OF HEALTH STUDIES**

**REVIEW ACTIVITY**

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**Objectives: Upon completion of this review activity, you should be able to do the following:**

- ❶ Describe considerations related to the use of large-scaledatabases in health-related research.
- ❷ Describe weight-loss behaviors of African-American, Anglo-American, Asian American, Latina American, and Native American female adolescents.
- ❸ Describe the perception of job strain among public school educators.

After completing the required readings, type the appropriate response for all questions related to each article. All answer sheets must be clearly numbered and TYPED. For questions requiring listings, each item in the listings should be no longer than a phrase or a sentence. For those questions requiring a description, the description should be 2-4 sentences. Specific directions will be provided for other types of questions. Please remember to include your name, address and CHES # at the top of each page of your answer sheet.

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**I. National Health Data Collection Systems: Research Applications For Women's Health (p. 3).**

1. Select one of the four databases presented in the article and describe one potential use for that database.
  2. Describe three possible obstacles that can surface when using large-scale databases.
  3. Describe two methods presented by the authors to assist researchers when interpreting statistical results from large-scaledatabases.
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**II. Ethnic and Racial Differences in Weight-Loss Behaviors Among Female Adolescents: Results From a National Survey (p. 14).**

1. Findings from this study, and research conducted by Abrams et al., identified a frequent difference between African-Americans' and Anglo-Americans' reasons for engaging in weight-loss. Describe this difference.
  2. From the study presented in this article, describe one finding for Latina American females, one finding for Native American females, and one finding for Asian American Females.
  3. Describe two areas recommended by the authors for future research efforts.
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**III. Assessing the Psychosocial Nature of the Work Environment (p. 36).**

1. Describe job strain, as characterized in Karasek's model.
2. Based on the findings from this study, describe the relationship between the variables, Teaching Experience and Job Demand.
3. Based on the findings from this study, describe the relationship between the variables, Subject Area and Job Demand.

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**REVIEW ACTIVITY REGISTRATION FORM**

Name \_\_\_\_\_ CHES # \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Daytime Telephone # \_\_\_\_\_

E-Mail \_\_\_\_\_

Setting in which you practice Health Education (Circle one)

- ❖ School
- ❖ College/University
- ❖ Community
- ❖ Worksite
- ❖ Medical Care

Position Title \_\_\_\_\_ Years in Profession \_\_\_\_\_

**Review Activity Evaluation**

*(Circle the appropriate response)*

|  | STRONGLY<br>DISAGREE |   |   |   | STRONGLY<br>AGREE |
|--|----------------------|---|---|---|-------------------|
| 1 Activities address objectives                        | 1                    | 2 | 3 | 4 | 5                 |
| 2 Contact hours equivalent to actual work hours        | 1                    | 2 | 3 | 4 | 5                 |
| 3 Content relevant to professional practice            | 1                    | 2 | 3 | 4 | 5                 |
| 4 The activities contributed to my professional growth | 1                    | 2 | 3 | 4 | 5                 |

Comments: \_\_\_\_\_

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**Note: A separate form must be submitted with each Review Activity.**