

AMERICAN JOURNAL OF HEALTH STUDIES

REVIEW ACTIVITY

Objectives: Upon completion of this review activity, you should be able to do the following:

- ❶ Describe considerations for culturally competent HIV prevention programs for Asian/Pacific Islander Americans.
- ❷ Describe the relationship between academic stress and both time management and leisure satisfaction.
- ❸ Describe the principles of the Cumulative Strategies Model for drug abuse prevention.

After completing the required readings, type the appropriate response for all questions related to each article. All answer sheets must be clearly numbered and TYPED. For questions requiring listings, each item in the listings should be no longer than a phrase or a sentence. For those questions requiring a description, the descriptions should be 2-4 sentences. Specific directions will be provided for other types of questions. Please remember to include your **name, address** and **CHES #** at the top of each page of your answer sheet.

I. Providing Culturally Competent HIV Prevention Programs (p. 24)

1. Describe cultural competency, as presented in this article, based on a description from the Texas Resource Center on Cultural Competency.
 2. Describe the western perception of an "individual" as compared to the perception in the APIA culture.
 3. List McLaughlin and Braun's five suggestions for working with APIA clients.
 4. Describe the author's characterization of culturally competent organizations.
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II. College Students' Academic Stress and its Relation to Their Anxiety, Time Management, And Leisure Satisfaction (p. 41)

1. List the greatest sources of academic stress reported by students.
 2. Describe Seigenthaler's definition of leisure satisfaction.
 3. Based on the results of this study, describe an overview of the relationship between perceived academic stress and both time management behaviors and leisure satisfaction.
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III. Using the Cumulative Strategies Model for Drug Abuse Prevention: A Small Group Analysis of the Choices Program (p. 7)

1. List the four specific principles of intervention that are central to the cumulative Strategies Model.
2. Describe the immediate and long term objectives of the CHOICES program.
3. Based on the conclusions of the study, describe the comparison of results between students who participated in two components of the program and those who participated in one or none.

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REVIEW ACTIVITY REGISTRATION FORM

Name _____ CHES # _____

Address _____

Daytime Telephone # _____

Email _____

Setting in which you practice Health Education (Circle one)

- ❖ School
- ❖ College/University
- ❖ Community
- ❖ Worksite
- ❖ Medical Care

Position Title _____ Years in Profession _____

Review Activity Evaluation

(Circle the appropriate response)

	STRONGLY DISAGREE				STRONGLY AGREE
1 Activities address objectives	1	2	3	4	5
2 Contact hours equivalent to actual work hours	1	2	3	4	5
3 Content relevant to professional practice	1	2	3	4	5
4 The activities contributed to my professional growth	1	2	3	4	5

Comments: _____

Note: A separate form must be submitted with each Review Activity.